

Exhibit 4

Gastrointestinal (GI)

(GI Bleed Suspected/Lower GI Symptoms/Abdominal Pain-Male and Female/Nausea Vomiting)

DEMOGRAPHICS/VITAL SIGNS									
Facility name: <u>Cholman</u>		Location seen: <u>MCU - 8th</u>		Date seen: <u>1/18/24</u>		Time seen: <u>11:10</u>			
Patient name: Last: <u>Smith</u>		First: <u>Kenneth</u>		MI: <u></u>		ID#: <u>2512</u>		DOB: <u>7/4/65</u>	
Vital signs: T: <u>97.3</u>		P: <u>96</u>		R: <u>18</u>		BP: <u>165</u>		Pulse Ox: <u>98%</u> <input checked="" type="checkbox"/> RA <input type="checkbox"/> O2: <u>/lpm</u>	
*Notify provider <input type="checkbox"/> T<97.8->100.3		<input type="checkbox"/> P<60->110		<input type="checkbox"/> R<12->20		<input type="checkbox"/> BP<90/60->145/95		<input type="checkbox"/> Pulse Ox<92%	
<input type="checkbox"/> No known allergies <input checked="" type="checkbox"/> Allergies: <u>Chondroitin</u>									
Chronic care clinic: <input checked="" type="checkbox"/> Y <input type="checkbox"/> N What clinic(s): <u>WU, HLD, DLD, HIC, Obesity, GERD, Chronic Migraine</u>									
CHIEF COMPLAINT: <u>NVLD x 2 wks</u>					SUBJECTIVE				
Onset date: <u></u> Time: <u></u>									
Have you had this problem before <input type="checkbox"/> N <input checked="" type="checkbox"/> Y, if yes describe below:									
Describe: <u>intermittent</u>									
Close contact with someone who had/has the same symptoms: <input checked="" type="checkbox"/> Y <input type="checkbox"/> N									
person(s): <u></u>									
Trauma <input checked="" type="checkbox"/> Y <input type="checkbox"/> N, describe: <u></u>									
ASSOCIATED FACTORS:					GENERAL APPEARANCE:				
Pain scale now <u>10</u> at worst <u>10</u>					<input type="checkbox"/> Distressed <input type="checkbox"/> Calm <input type="checkbox"/> Agitated <input checked="" type="checkbox"/> Anxious				
Location of pain <input type="checkbox"/> RUQ <input type="checkbox"/> RLQ <input type="checkbox"/> LUQ <input checked="" type="checkbox"/> Umbilical					<input type="checkbox"/> Observation of patient while walking <input type="checkbox"/> Grimacing				
<input type="checkbox"/> Constant <input type="checkbox"/> Intermittent <input type="checkbox"/> Cramping <input type="checkbox"/> Burning					<input type="checkbox"/> Able to stand erect <input type="checkbox"/> Abnormal gait				
<input type="checkbox"/> Dull <input type="checkbox"/> Sharp <input type="checkbox"/> Radiating					Other: <u></u>				
What makes it better: <u></u>					RESPIRATORY/BREATHING:				
What makes it worse: <u></u>					Breathing <input checked="" type="checkbox"/> Normal <input type="checkbox"/> Labored <input type="checkbox"/> Tachypneic <input type="checkbox"/> Bradypneic				
Pain induced/increased with walking/movement <input type="checkbox"/> Y <input checked="" type="checkbox"/> N					<input type="checkbox"/> Stridor (Emergency) <input type="checkbox"/> Wheezing <input type="checkbox"/> Accessory muscle use				
Last solid intake Date: <u>1/18/24</u> Time: <u>16:00</u>					<input type="checkbox"/> Cough <input type="checkbox"/> Sputum production, color/consistency: <u></u>				
Last liquid intake Date: <u>1/18/24</u> Time: <u>16:00</u>					Right lung <input checked="" type="checkbox"/> Clear <input type="checkbox"/> Wet <input type="checkbox"/> Diminished <input type="checkbox"/> Absent (Emergency)				
Recent unintended weight changes <input type="checkbox"/> Loss, <u>lbs.</u> <input type="checkbox"/> Gain, <u>lbs.</u>					Left lung <input checked="" type="checkbox"/> Clear <input type="checkbox"/> Wet <input type="checkbox"/> Diminished <input type="checkbox"/> Absent (Emergency)				
<input type="checkbox"/> Excessive thirst <input type="checkbox"/> Excessive hunger <input checked="" type="checkbox"/> Nausea					Other abnormal findings: <u>N/A</u>				
<input checked="" type="checkbox"/> Vomiting <input type="checkbox"/> Coffee grounds (Upper GI bleed) <input type="checkbox"/> Bloody <input type="checkbox"/> Green					ABDOMEN:				
Vomiting frequency/duration: <u></u>					Fully examine anatomical areas of subjective complaint to include: Epigastric, periumbilical, and suprapubic				
Last BM, date: <u>1/18</u> <input checked="" type="checkbox"/> Brown <input type="checkbox"/> Tan					Bowel sounds present <input checked="" type="checkbox"/> RUQ <input checked="" type="checkbox"/> RLQ <input checked="" type="checkbox"/> LUQ <input checked="" type="checkbox"/> Normal				
<input type="checkbox"/> Bloody <input type="checkbox"/> Black/tarry (Lower GI bleed)					<input type="checkbox"/> Absent bowel sounds, quadrant: <u></u> (listen for full 5 minutes)				
<input type="checkbox"/> Constipation, how long: <u></u> <input type="checkbox"/> Diarrhea, how often: <u></u>					<input type="checkbox"/> Hypoactive <input type="checkbox"/> Hyperactive <input type="checkbox"/> High pitched <input type="checkbox"/> Rebound tenderness				
Urine color <input type="checkbox"/> Yellow <input checked="" type="checkbox"/> Brown (urgent) <input type="checkbox"/> Bloody					If absent identify area(s): <u></u>				
<input type="checkbox"/> Excessive urine output <input type="checkbox"/> Painful urination <input type="checkbox"/> Difficulty urinating					<input checked="" type="checkbox"/> Soft <input type="checkbox"/> Rigid <input type="checkbox"/> Distended <input type="checkbox"/> Mass <input type="checkbox"/> Tender				
<input type="checkbox"/> Alcohol use, years/drinks per day: <u></u>					<input type="checkbox"/> Visible bulges, describe: <u>N/A</u>				
<input type="checkbox"/> Drug use, type/frequency: <u></u>					Other abnormal findings: <u>N/A</u>				
PERTINENT MEDICAL CONDITIONS:					CARDIAC:				
<input type="checkbox"/> Heartburn/GERD <input type="checkbox"/> Peptic ulcer <input type="checkbox"/> Crohn's <u>GERD</u>					Heart rate/rhythm <input checked="" type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Tachy <input type="checkbox"/> Brady				
<input type="checkbox"/> Gallstones <input type="checkbox"/> Colitis <input type="checkbox"/> Celiac disease					Pulse <input checked="" type="checkbox"/> Strong <input type="checkbox"/> Weak <input type="checkbox"/> Thready <input type="checkbox"/> Bounding				
<input type="checkbox"/> Diverticulitis <input type="checkbox"/> Pancreatitis <input type="checkbox"/> End stage liver disease					Abnormal sounds <input type="checkbox"/> Murmurs <input type="checkbox"/> Rubs <input type="checkbox"/> Clicks				
<input type="checkbox"/> Hernia or history of, when: <u></u>					SKIN: (Use Anatomical Figure NA0804 for details if needed)				
<input type="checkbox"/> GI bleed treatment: <u></u> Date: <u></u>					<input checked="" type="checkbox"/> Warm <input type="checkbox"/> Dry <input type="checkbox"/> Cool <input type="checkbox"/> Clammy/diaphoretic <input type="checkbox"/> Pale <input type="checkbox"/> Red				
<input type="checkbox"/> Abdominal surgery: List: <u></u> Date: <u></u>					<input type="checkbox"/> Bruising <input type="checkbox"/> Jaundice <input type="checkbox"/> Mottling <input type="checkbox"/> Blister <input type="checkbox"/> Rash <input type="checkbox"/> Bleeding				
<input type="checkbox"/> Appendectomy <input type="checkbox"/> Kidney stones <input type="checkbox"/> Cardiovascular disease					<input type="checkbox"/> Scaly/cracking <input type="checkbox"/> Needle tracks <input type="checkbox"/> Lice <input type="checkbox"/> Mite tunnels				
<input type="checkbox"/> Diabetes <input type="checkbox"/> Stroke <input type="checkbox"/> CHF <input type="checkbox"/> Hepatitis history					Describe rash and location: <u>N/A</u>				
<input checked="" type="checkbox"/> Pregnant <input type="checkbox"/> History of ovarian cysts <input type="checkbox"/> History of PID					Other abnormal findings: <u>N/A</u>				
<input type="checkbox"/> Tobacco use <u></u> /yrs. <u></u> /ppd (packs per day)					TESTS:				
MEDICATIONS:					Finger stick blood sugar results: <u>N/A</u> (ALL)				
<input type="checkbox"/> ASA/NSAIDS, how long: <u></u> <input type="checkbox"/> Anticoagulants <input type="checkbox"/> Steroids					UA dipstick results: <u>N/A</u> (ALL)				
<input type="checkbox"/> GI meds <input type="checkbox"/> Iron					<input type="checkbox"/> EKG (Diabetics, if available) Time: <u>N/A</u>				
<input type="checkbox"/> New medication(s) within the past 30 days?					<input type="checkbox"/> Scan sent to provider Time: <u>N/A</u>				
What medication(s): <u></u>					FEMALES <input type="checkbox"/> uHCG results: <u></u> (ALL) <input type="checkbox"/> N/A, LMP: <u></u>				
NOTES/DOCUMENTATION:					Patient with suspected GI bleed perform orthostatic vital signs and perform Hemocult test.				
<u>10 intermittent NVLD x 2 wks and Tachycardia</u>					Orthostatic vital signs:				
					Lying: <u></u> Sitting: <u></u> Standing: <u></u>				
					Hemocult test <input type="checkbox"/> Pos. <input type="checkbox"/> Neg. <input type="checkbox"/> Unable to provide sample				
All significant negative and positive medical findings were documented									
Nurse signature: <u>Mylenndrick</u>					Print/stamp: <u>Mylenndrick, RN</u>				
					Date/time: <u>1/18/24 16:15</u>				



Nursing Encounter Tools (NETs)

Gastrointestinal (GI)

(GI Bleed Suspected/Lower GI Symptoms/Abdominal Pain-Male and Female/Nausea Vomiting)

Patient	Last <u>Smith</u>	First <u>Kenneth</u>	ID Number <u>7512</u>
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☐ EMERGENT INTERVENTION-PROVIDER CONTACT REQUIRED

If CPR or AED is initiated use Emergency Response Form (NA6291)

IF PATIENT IS EXPERIENCING AN EMERGENT CONDITION CONTINUE WITH EMERGENT INTERVENTIONS, ACTIVATE LOCAL EMS SYSTEM, AND PREPARE PATIENT FOR TRANSPORT

SCOPE OF PRACTICE GUIDELINES FOR YOUR STATE MUST BE FOLLOWED WHEN PERFORMING EMERGENT INTERVENTION

- ☐ Monitor the patient's vital signs
☐ Prepare patient for transport
☐ Recheck vital signs: Time: _____ Condition improved ☐ Y ☐ N
Pulse _____ R _____ BP _____ / _____ Pulse Ox _____ ☐ RA ☐ O2 _____ lpm/via _____

Name of provider notified: _____ Time: _____ ☐ EMS notified time: _____ Arrival time: _____

COMMENTS/ORDERS:

☐ URGENT INTERVENTION-PROVIDER CONTACT REQUIRED

- ☐ Abnormal vital signs
☐ Temp <97.8->100.3
☐ Pulse <60->110
☐ Respiration <12->20
☐ B/P <90/60->145/95
☐ SpO2 <92%
☐ Absent bowel sounds (Assessed for full 5 minutes)
☐ Distended or rigid abdomen
☐ Rebound tenderness ☐ Unable to stand erect
☐ Nausea/vomiting and/or diarrhea > 24 hours ☐ Bloody (black) tarry stools ☐ Bloody/coffee ground emesis ☐ Brown or bloody urine
☐ Signs of respiratory distress ☐ Abnormal fingerstick (Diabetic <60 or >240, Non-diabetic <70 or >200)
☐ Abnormal dipstick UrA ☐ Positive ALT/G ☐ Hemocult result positive ☐ Unintended weight loss or gain (possible cancer or CHF indicators)
☐ Other describe: _____

Reviewed with provider: ☐ MAR ☐ Health record
☒ Seen by provider Name: Dr. Delgado Time: 11:10
☐ Contacted provider Name: _____ Time: _____
☐ Contacted Behavioral Health Name: _____ Time: _____
Provider orders received ☐ Y ☐ N ☐ Read back provider orders

Provider orders: Zofran 8mg BID x 7 days 10a/10p

Disposition ☐ Monitor/Observation (<4 hour) ☐ Inpatient-level ☐ Other _____

ADDITIONAL COMMENTS/DOCUMENTATION:

11:15 - Zofran 8mg BID x 7 days - V.O. Zofran 8mg BID x 7 days
per Dr. Delgado. M. Delandrick, RN

☐ NURSING INTERVENTION

NURSING INTERVENTION

REFER TO INTERVENTION GUIDE FOR AVAILABLE OTC MEDICATIONS

☐ OTC medication(s) given and documented in MAR

- ☒ No follow up required
☐ Referral to provider for current presenting complaint
☐ Referred to provider multiple visits for same complaint
☐ Referred to provider for evaluation of enrollment in CCC
☐ Nurse follow up scheduled
☐ Custody notified of special needs
☐ Referral to Behavioral Health
☐ Other: _____

PATIENT EDUCATION

- ☒ Patient educated to contact medical if new symptoms develop or current condition symptoms worsen
☐ Written education provided ☒ Verbal education provided ☐ Patient educated on OTC medication(s)
☒ The patient demonstrates an understanding of self-care, symptoms to report, and when to return for follow-up care

ADDITIONAL COMMENTS/DOCUMENTATION:

Ch. 11/10 x 2 weeks - intermittent - "I feel it's anxiety"
"I feel queasy when I take buspar" Denise cramps, clonidine
bloody diarrhea

All significant negative and positive medical findings were documented

Nurse signature M. Delandrick, RN Print/stamp M. Delandrick, RN Date/time 11/10/24 11:14

Alabama Department of Corrections Sick Call Request



Sick Call Request:

Waiting and then back later at 5:30.

Int: Wendy Smith AIS # 2-512 Date of Birth 7-4-85
 Housing Area: L-59 Date: 1-13-24

Form Collected by Health Staff: DB (Initials) Title: DB Date: 1/18/24 Time: 0330

Triaged (check as appropriate):

Sick Call Nurse Encounter Not Required
 (1) Referring to Chronic Care Manager
 (2) Written Response/Instruction Being Provided

Nurse Sick Call Encounter Required
 (1) Bring to HCU at this time for further evaluation
 (2) X Evaluate in next scheduled Nurse Sick Call Clinic

Title: Sharon Stoy-Cardwell, RN Date: 1/18/24 0330

Encounter (Nurse Evaluation Tool Completed):

Resolved by Nurse Encounter And Dr. [Signature] 2 Referral for follow up required; to be scheduled

Fee Incurred: See Pt call
 \$4.00 - Nurse (a) Medical Provider
 (b) Dental Clinic
 (c) Mental Health Services

Chronic Disease Clinic Follow-Up

List chronic diseases:

Inmate Name: <u>Smith, Kenneth</u>
Number: <u>2512</u> Institution: <u>ACF</u>

1) <u>HTN</u>	3) <u>Chronic Migraine</u>
2) <u>HTN</u>	4) <u>Chronic Migraine</u>

Attach pharmacy profile or list current medications: Lisinopril 30mg qd, Prilosec 20mg bid, Risperal 15mg bid, Ramon 15mg bid, Prozac 20mg @ noon - Zyrtec 10mg bid, Tylenol 325mg bid prn, Tylenol 50mg prn, Lopressor 50mg bid

Subjective: C/O Nausea, diarrhea x 1 wk - vomited x 1

Asthma: # attacks in last month? <u>0</u>	Seizure disorder: # seizures since last visit? <u>0</u>
# short acting beta agonist canisters in last month? <u>0</u>	Diabetes mellitus: # of hypoglycemic reactions since last visit? <u>0</u>
# times awakening with asthma symptoms per week? <u>0</u>	Weight loss/gain <u>↓ 09</u> #lbs <u>8</u>
CV/hypertension (Y/N): Chest pain? <u>0</u> SOB? <u>0</u> Palpitations? <u>0</u> Ankle edema? <u>0</u>	
HIV/HCV (Y/N): Nausea/vomiting? <u>0</u> Abdominal pain/swelling? <u>0</u> Diarrhea? <u>0</u> Rashes/lesions? <u>0</u>	

For all diseases, since last visit, describe new symptoms:

Nausea, vomiting, diarrhea, x 1 wk - vomited x 1
HTN - no change
Chronic Migraine - no change
Diabetes - no change
Prozac - no change
Risperal - no change
Lopressor - no change
Tylenol - no change
Prilosec - no change
Zyrtec - no change
HTN - no change
Chronic Migraine - no change
Diabetes - no change
Prozac - no change
Risperal - no change
Lopressor - no change
Tylenol - no change
Prilosec - no change
Zyrtec - no change

Patient adherence (Y/N): with meds? yes with diet? no with exercise? no Nongonpliance counseling? no
 Vital signs: Temp 97.4 BP 144/90 Pulse 84 Resp 18 Wt 231 O2 Sat 99% RNR no
 PEFR #1 NA #2 NA #3 NA

Labs: Hgb A1C NA HIV VL NA CD4 NA Total Chol 241 LDL 187 HDL 45 Trig 209

Range of fingerstick glucose/BP monitoring:

PE: HTN - no change
Chronic Migraine - no change
Diabetes - no change
Prozac - no change
Risperal - no change
Lopressor - no change
Tylenol - no change
Prilosec - no change
Zyrtec - no change

HEENT/neck: <u>no change</u>	Extremities: <u>no change</u>
Heart: <u>no change</u>	Neurological: <u>no change</u>
Lungs: <u>no change</u>	GU/rectal: <u>no change</u>
Abdomen: <u>no change</u>	Other: <u>no change</u>

Assessment:

HTN - no change
Chronic Migraine - no change
Diabetes - no change
Prozac - no change
Risperal - no change
Lopressor - no change
Tylenol - no change
Prilosec - no change
Zyrtec - no change

Degree of Control				Clinical Status			
G	F	P	NA	I	S	W	NA
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Plan:

Medication changes: signed written note

Diagnostics/Labs: signed written note

Reviewed Lab/Procedures/Reports with pt. ☒ Yes ☐ No ☐ N/A Indicated Treatment Plan changes discussed: ☐ Yes ☐ No ☐ N/A

Monitoring: BP: X day/week/month Glucose: X day/week/month/prn Peak flow: Other:

Education provided: ☒ Nutrition ☒ Exercise ☒ Smoking ☒ Test results ☒ Medication management ☒ Other: HTN, HTN

Next Visit (days)? ☐ 180 ☒ 90 ☐ 60 ☐ 30 ☐ Other: HTN, HTN

HCV Treatment: Y ☒ N Missed doses: NA (total) OHS ID Coordinator notified of noncompliance? Y ☒ N Date: 1-9-24

Practice Level Provider Signature:

[Signature]

Date: 1-9-24
 Time: 10:00